



2018 LEADMAN Racer Information

Date: Saturday, April 21, 2018
Location: Silver Mountain Resort in Kellogg, Idaho - Exit 49 on I-90

Thank you for entering the 2018 Leadman, please take a few minutes and read this entire email. This will keep you informed and help us to run a safe and timely event. **DUE TO A VERY LARGE TURN OUT THIS YEAR, WE HIGHLY ENCOURAGE RACERS TO CHECK IN FRIDAY EVENING AND DROP OFF THEIR BIKES. WE ALSO RECOMMEND PLACING YOUR TSHIRT ORDER IN THE MORNING.**

BEFORE THE RACE

The 2018 Bib Number list can be found at <http://my5.raceresult.com/89144/RRPublish/pdf.php?name=Participants%7CParticipants%20ListABC&contest=0&lang=en> (on Friday morning), so that you can mark your gear before you arrive at Silver Mountain (if you choose). We also have gear marking supplies at check-in. Watch for color coding when you mark your transition back at check in! All gear that we transport for you needs to be in the proper color coded bin or truck. Color coding is based on the color of your bib. Colored duct tape is available so you can tag your bags and gear with your bib color. **BE SURE TO MARK EVERY PIECE OF YOUR GEAR WITH YOUR BIB NUMBER SO WE CAN GET IT BACK TO YOU.**

Registration Cancellation: Because there is a tremendous amount of work involved in registering participants, costs associated with bibs, t-shirts, etc., there are no refunds on registration.

All participants are required to check in NO LATER THAN 8:45am on the day of the event.

IMPORTANT TIMES:

- * Early Check in: Friday April 20th: 5:30-7:30pm in Noah's Canteen at Silver Mountain – **We strongly encourage you to drop your bike off on Friday due to the large number of participants this year.**
- * Event Day Check in: 7:00-8:45am in Gondola Village at Silver Mountain - Be sure to SIGN a Liability Waiver.
- * All bikes loaded on the trucks 7:00- 8:55 am
- * All Racer Meeting 9am Village Plaza
- * Race Starts at 11am

DURING THE RACE:

ALL RACERS: We are using a computerized timing system provided by Northern Peaks Alliance this year, so anyone crossing the run finish line **MUST BE WEARING THE BIB WITH TIMING CHIPS ON THE BACK.** This system is very accurate but is dependent on having a bib with a timing chip cross the finish line. **ONCE YOU CROSS THE FINISH LINE YOU NEED TO KEEP MOVING AND STAY AWAY FROM THE FINISH AREA WITH YOUR BIB.**

TEAMS- DO NOT cross the finish line if you are not the runner for your team, it causes timing issues. Only team racers doing the run leg may cross the finish line.

ROUTE: The event route and additional racer information is posted at Course information is available at <http://www.silvermt.com/Winter/Events/Leadman-Triathlon>. PLEASE NOTE: The bike leg is 9.6 miles long and mostly downhill but does involve some flat and uphill grades. The Bike to Run transition is at the edge of the Silver Mountain parking lot near the Guest House Inn.

HEATS: There will be 4-5 heats of racers with varying start times. Learn what heat you are in at Check-in and know the start time for your heat (based on your bib color). Be at the start line at least 15 minutes prior to the start.

SKI/BOARD: The event begins with a Le Mans start (run to your gear and click in) to a downhill ski/snowboard course approximately .9 miles in length.

BIKE: The bike leg is 9.6 miles long and mostly downhill but does involve some flat and uphill grades. The route is a combination of double track, single track, tight turns, rocky terrain, gravel road, dirt, MUD, and asphalt. **Full suspension mountain bikes are highly recommended for the bike leg.** Walk your bike if you are unsure of your ability level for the terrain you encounter on the course. Be sure to understand proper braking techniques for downhill mountain biking and have your brakes checked prior to the race. It is wise to carry a replacement tube and repair kit.

Watch for ruts, mud, and sharp corners. Notify other racers when passing by shouting, “on your right” or “on your left” before attempting to pass.

Racers should have their bikes well tuned and inspected (especially brakes and tires) at a professional bicycle shop prior to arriving at Silver Mountain Resort on race day. **There will be a bike inspection tent provided by CDA Bike Company** in the plaza on race day for any last minute issues.

Bicycles must be tagged with your bike number card and loaded into the trucks **by no later than 8:55am.**

Bikers for teams need to download Chair 3 by 10:30 a.m. the sled ride to the ski to bike transition leaves at 3:45 from the bottom of Chair 3. Bikes will go up in the tracks, and will be waiting for you at the transition. The ski to bike transition is staged by event staff so individual competitors WILL NOT have an opportunity to place their own equipment or have support crew at this transition. **Know your bib number and mark EVERY PIECE of your gear well** so you can find it quickly and lost gear can be returned to you. Ideally, the bikes will be staged by heat and/or in bib number order- but no guarantees.

RUN: The run leg is approximately 4.1 miles long and involves uphill, level and downhill grades on varying terrain of dirt, gravel and asphalt. The bike to run transition is a great place for spectators, helpers, and your support crew. See course map for location.

EQUIPMENT:

Every piece of your equipment must be tagged with your BIB NUMBER. Tape and markers will be provided at Check-In for gear marking. Competitor or competitor’s support crew will be required to show their bibs to claim equipment left at transition points. All equipment left at the transition points will be transported back to the Gondola Village. Please be patient as there is a great deal of effort required to transport the equipment from the transition zones. **Equipment must be claimed by 2:00 pm.**

HELMETS ARE REQUIRED for the ski and bike segments. Wear what you think makes you SAFE! Some competitors choose to wear their bicycle helmets for the ski leg.

EYE Wear: Be prepared for a great deal of mud and **wear appropriate eyewear; sunglasses, goggles or clear glasses.** Eyewear is available for purchase at Silver Mountain Sports.

SHOWERS are AVAILABLE for no charge after the race. For your convenience, you may use the showers in Silver Rapids Waterpark to clean up after the race. Please bring your competitor bib to gain entry into the waterpark and bring your own towel.

SWAG & PRIZES

Each pre-registered participant will receive a “swag” bag, t-shirt, gear tags and bib at check-in.

Participants who place in a prize position will receive great prizes, *all of which are donated* by the AWESOME sponsors and local community!!!!

Awards and the Après Race Party will be at the Gondola Village Plaza at Silver Mountain Resort.

Awards and the Après Race Party will be at the Gondola Village Plaza at Silver Mountain Resort. A barbeque, live music with the Loose Gazoonz and beverages will be available starting at 12 noon with awards at 3. The barbecue, awards ceremony and Après Race party is open to the public so everyone can join in the fun as the racers cross the finish line! Participants who place in a prize position will receive great prizes, all of which are donated by the AWESOME sponsors and local community! You will be given a voucher for your competitor shirt at check in. Go to the Traveling T booth and they'll print your shirt right on the spot! We encourage you to drop off your shirt order in the morning, and it will be ready for you earlier after the race.